Learning objectives

A Pro-Active Approach to Reducing Fall Risk
Speakers: Milta Little, DO, CMD & Cindy Kempf, MA, OTR/L
Description: Falls and frailty are common conditions that affect all residents of long-term care (LTC). There is evidence to support the impact of physical and occupational therapy (PT, OT) on reducing occurrences of falls and reducing the severity of injury from falls.
Objectives: Upon completion of this course, attendees will be able to:
1. Analyze available screening and evaluation tools that accurately assess fall risk and physical function in the post-acute/LTC setting.
2. Identify the roles of PT/OT in evaluation and management of falls and physical function.
3. Evaluate the effectiveness of intervention through a brief literature review.

Psychotropic Medications and Quality Measures: It's More Than Just Antipsychotics
Speaker: Monica Tegeler, MD, Professor of Clinical Medicine, Indiana University
Description: Information on antipsychotic, antidepressant, antianxiety, and sedative/hypnotic medications including appropriate indications, interventions and duration of treatment.
Objectives: Upon completion of the session attendees will be able to:
1. List three inadequate indications for the use of antipsychotics in patients with behavioral symptoms associated with dementia.
2. Describe environmental factors that contribute to insomnia in LTC residents.
3. Characterize the symptoms associated with depression in elderly.
4. Name three medical conditions associated with anxiety in elderly.

Ensuring Successful Care Transitions: Optimizing the Medication Reconciliation Process
Speakers: Pamela Bryan Kramer, BA, LPhT
Description: Hospital systems are looking at post-acute and LTC providers to demonstrate their ability to play a part in effective care transitions to prevent medication errors and non-compliance.
Objectives: Upon completion of the session attendees will be able to:
1. Identify the most common medication discrepancies associated with care transitions;
2. Understand the impact medication reconciliation can play in the transition process;
3. Create a plan for optimizing medication reconciliations during care transitions.

Lab Tests in LTC With a Pharmaceutical Focus
Speaker: Barb Bancroft, RN, MSN, PNP
Description: Older patients take many medications. How do these drugs influence lab test?
Objectives: Upon completion of the session, attendees will be able to:
1. List the drugs that influence platelets and coagulation factors.
2. Discuss TSH and thyroid dysfunction.
3. Describe the tests to assess liver function.

Neurology of Aging — Dementia Care
Speaker: Barb Bancroft, RN, MSN, PNP
Description: Numerous changes occur in the central nervous system as patients age. How do they affect functionality?
Objectives: Upon completion of the session, attendees will be able to:
1. Discuss the process of aging as it relates to central nervous system
2. Discuss various test used to evaluate memory loss and neurologic functions.
3. Describe the evaluation of the patients with memory loss and cognitive impairment.

YOU ARE CORDIALLY INVITED TO THE
2017 FORUM ON POST-ACUTE & LONG-TERM CARE
FRIDAY, JUNE 23, 2017
7:00 AM TO 4:30 PM
DOUBLETREE BY HILTON — OAKBROOK
1909 SPRING ROAD
OAK BROOK, IL 60523

Brought to you by
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Please join us

FORUM EXTENDED CARE SERVICES is pleased to offer a unique opportunity to interact with your colleagues and meet with industry leaders at our full-day symposium designed to help professionals gain new perspectives in patient care while earning continuing education credit.

There is no cost for administrators or nurses working in the post-acute or long-term care setting.

Register now for the 2017 Forum on Post-Acute & Long-Term Care
RSVP at Forum’s website: www.forumpharmacy.com or call (800) 447-7108 x 3399. Attendees are encouraged to register early, as space is limited to 150 attendees.

Hotel Information
DoubleTree By Hilton Hotel Chicago – Oak Brook
1909 Spring Road
Oak Brook, IL 60523
Phone: 630-472-6000
Website: www.DoubleTree.Hilton.com/Oak_Brook

You can book a Standard King or Queen room by June 2 for a special group rate of $135 per night plus applicable taxes. Please make reservations directly with the hotel.

Conference Attire
Casual attire is suitable for the symposium. Please remember to bring a sweater or jacket as the hotel is air-conditioned.

Continuing Education Credits
This activity has been approved for 6.0 clock hours of continuing education credit for nursing home administrators and nurses by The Illinois Health Care Association, an approved sponsor of continuing education by the Illinois Department of Professional Regulation. Participant must be present for the entire duration of the activity and complete a post-event evaluation to receive credits. There is no conflict of interest for any planner or presenter.

The program

7:00 AM
Registration Opens

7:30 AM – 8:30 AM
Breakfast Product Theater

Xarelto (rivaroxaban) – Elderly Patients with NVAF (Nonvalvular Atrial Fibrillation) and Long-Term Care
Jeffrey Deitch, MD, LTC Medical Director, Family Practice & Geriatric Board-Certified

8:30 AM – 9:30 AM
A Pro-Active Approach to Reducing Fall Risk
Speakers: Milta Oyola Little, DO, CMD, Associate Clinical Professor, St Louis University Medical Center
Cindy Kempf, MA, OTR, Director of Clinical Services, RPI Therapy Services, St Louis University

9:30 AM – 10:30 AM
Psychotropic Medications & Quality Measures
Monica Tegeler, MD, Professor of Clinical Medicine, Indiana University

10:30 AM – 11:00 AM
Break / Vendor Exhibits

11:00 AM - 12:00 PM
Ensuring Successful Care Transitions: Optimizing the Medication Reconciliation Process
Pam Kramer, BA, LPhT, Executive Vice President, Forum Extended Care Services

12:00 PM – 1:00 PM
Lunch Product Theater
Diabetes Management in the LTC Setting
Meenakshi Patel, MD, FACP, MMM, CMD, Valley Medical Primary Care, Valley Medical Research, Centerville, Ohio

1:00 PM – 2:30 PM
Lab Tests in LTC with Pharmaceutical Focus
Barb Bancroft, RN, MSN, PNP

2:30 PM – 3:00 PM
Break / Vendor Exhibits

3:00 PM – 4:30 PM
The Neurology of Aging — Dementia Care
Barb Bancroft, RN, MSN, PNP

4:30 PM
Closing Remarks & Adjournment
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